

# NCCN® and ACOG Recognize the Importance of Testing for *BRCA1* and *BRCA2* Mutations

The following testing criteria is based on clinical practice guidelines<sup>1,2,4</sup>

Personal History
<ul style="list-style-type: none"> <li>■ Breast cancer diagnosed at age 50 or younger</li> </ul>
<ul style="list-style-type: none"> <li>■ Ovarian cancer</li> </ul>
<ul style="list-style-type: none"> <li>■ Multiple primary breast cancers either in the same breast or opposite breast</li> </ul>
<ul style="list-style-type: none"> <li>■ Both breast and ovarian cancer</li> </ul>
<ul style="list-style-type: none"> <li>■ Male breast cancer</li> </ul>
<ul style="list-style-type: none"> <li>■ Triple-negative (estrogen receptor negative, progesterone receptor negative, and HER2/neu [human epidermal growth factor receptor 2] negative) breast cancer</li> </ul>
<ul style="list-style-type: none"> <li>■ Pancreatic or aggressive prostate cancer with breast or ovarian cancer in the same individual or on the same side of the family</li> </ul>
Family History
<ul style="list-style-type: none"> <li>■ A previously identified <i>BRCA1</i> or <i>BRCA2</i> mutation in the family</li> </ul>
<ul style="list-style-type: none"> <li>■ Ashkenazi Jewish ancestry</li> </ul>
<ul style="list-style-type: none"> <li>■ Two or more relatives with breast cancer, one under age 50</li> </ul>
<ul style="list-style-type: none"> <li>■ Three or more relatives with breast cancer at any age</li> </ul>
Other Considerations
<ul style="list-style-type: none"> <li>■ Comprehensive genetic testing includes full sequencing of <i>BRCA1/BRCA2</i> and testing for large genomic rearrangements<sup>4</sup></li> </ul>
<ul style="list-style-type: none"> <li>■ Once a specific mutation is identified in an affected individual, a single site test may be used for family members<sup>1</sup></li> </ul>
<ul style="list-style-type: none"> <li>■ Results of unknown significance are considered uninformative and should not indicate testing or treatment of family members<sup>4</sup></li> </ul>
<ul style="list-style-type: none"> <li>■ Genetic counseling is highly recommended when <i>BRCA</i> testing is offered and after results are provided<sup>1,4</sup></li> </ul>
<p><i>Notes: "Breast cancer" includes both invasive and ductal carcinoma in situ (DCIS). "Ovarian cancer" includes epithelial ovarian cancer, fallopian tube and primary peritoneal cancer.<sup>4</sup></i></p>

Complete Guidelines may be found at [www.nccn.org](http://www.nccn.org); [www.acog.org](http://www.acog.org)  
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## Knowledge is a Powerful Tool

- Patients with *BRCA1* or 2 mutations are at an increased risk for Hereditary Breast and Ovarian Cancer Syndrome.
- Avail yourself of the information needed to make informed surveillance and treatment strategies for your patients.

## Experience You Can Trust

- Integrated Genetics: A leader in genetic testing and counseling services for more than 25 years
- Integrated Oncology: A leader in diagnostic, prognostic, and predictive testing services for breast cancer
- Together, we offer:
  - The largest national commercial genetic counseling team with unparalleled services
  - Extensive managed care contracts, helping patients maximize their benefits
  - Pre-authorization services to support you and your patients
  - A network of more than 1,700 patient service centers

To learn more about our BRCAssure test offerings, please visit [www.integratedgenetics.com](http://www.integratedgenetics.com) or [www.integratedoncology.com](http://www.integratedoncology.com) or call **800-345-GENE (4363)**.

If you are interested in genetic counseling services, please call **855-GC-CALLS** or **855-422-2557**.

Because Knowledge is a Powerful Tool.



Integrated Genetics and Integrated Oncology are committed to providing comprehensive care to you and your patients.

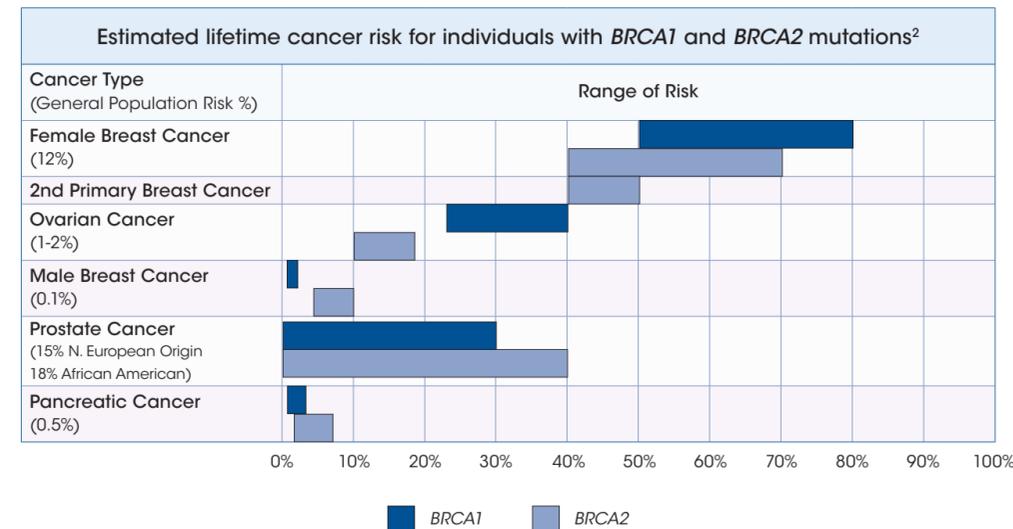


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Patients with *BRCA* mutations are at increased risk for breast, ovarian, and other cancers.

- Mutations in *BRCA1* and *BRCA2* account for the vast majority of families with Hereditary Breast and Ovarian Cancer Syndrome (HBOC).<sup>1</sup>
- The estimated lifetime risk of breast cancer in women with *BRCA1* mutations is 50-80%; for *BRCA2*, the risk is 40-70%.<sup>2</sup>
- The risk of ovarian cancer is 24-40% for a woman with *BRCA1* and 11-18% with *BRCA2*.<sup>2</sup>
- Both men and women with mutations in *BRCA1/2* may also be at increased risk of other cancers, including pancreatic, prostate, melanoma, stomach, esophageal, and bile duct cancers.<sup>2</sup>

The overall prevalence of *BRCA1* and *BRCA2* mutations in the general population is estimated at 1 in 400<sup>3</sup> and varies with ethnicity. Approximately 1 in 40 Ashkenazi Jewish individuals carries one of three founder mutations.<sup>3</sup>



Suite of BRCAssure<sup>®</sup> tests to meet your patients' needs

Test Code	Test Name	Test Description
252911	<b>BRCAssure:</b> Comprehensive <i>BRCA1/2</i> Analysis	Full sequencing of the <i>BRCA1/2</i> genes, plus deletion/duplication analysis. May be used to assess the risk of carrying a <i>BRCA1/2</i> mutation when there is no known familial mutation.
252970	<b>BRCAssure:</b> Ashkenazi Jewish Panel	Targeted analysis of the founder mutations found within the Ashkenazi Jewish population. May be used as a first line test for individuals of Ashkenazi Jewish descent; if negative the option to run a Comprehensive <i>BRCA1/2</i> Analysis is available.
252235	<b>BRCAssure:</b> <i>BRCA1</i> Targeted Analysis	Targeted sequencing for specific familial or known mutations on the <i>BRCA1</i> gene.
252250	<b>BRCAssure:</b> <i>BRCA2</i> Targeted Analysis	Targeted sequencing for specific familial or known mutations on the <i>BRCA2</i> gene.
252888	<b>BRCAssure:</b> <i>BRCA1/2</i> Deletion/Duplication Analysis	May be used to detect the presence of a deletion or duplication in the <i>BRCA1/2</i> genes after previous sequencing tests were negative and deletion/duplication analysis was not offered.
Specimen Requirement		
Whole blood in one full lavender tube, minimum of 3 mL tube to be used		

- Analytical sensitivity and specificity of the **BRCAssure** assay is >99%.
- Based on published data and internal analysis, estimated variant of unknown significance rate is 4%.



The largest national commercial genetic counseling team is available to help patients make informed healthcare decisions.

Call us at 855-GC-CALLS or 855-422-2557.

Knowing your patient's *BRCA* mutation status may assist in development of tailored prevention and treatment strategies.

Surveillance strategies include, but are not limited to:<sup>4</sup>

- Clinical examination every 6-12 months, starting at age 25
- Annual mammography and breast magnetic resonance imaging (MRI), starting at age 25 or individualized by family history
- Transvaginal ultrasonography
- CA-125 biomarker screening
- Annual prostate cancer screening

Risk reduction strategies include, but are not limited to:<sup>4</sup>

- Prophylactic mastectomy, oophorectomy
- Chemoprevention

Cancers diagnosed in individuals with *BRCA* mutations often have specific characteristics.

- 80% to 90% of breast cancers in women with a *BRCA1* mutation are triple negative.<sup>5</sup>
- 80% of the breast cancers in women with a *BRCA2* mutation are estrogen receptor positive, progesterone receptor positive, and HER2 negative.<sup>5</sup>

REFERENCES:

1. Hereditary Breast and Ovarian Cancer Syndrome. ACOG Practice Bulletin, Number 103, April 2009; reaffirmed 2013.
2. Petrucelli, N et al. *BRCA1* and *BRCA2* Hereditary Breast and Ovarian Cancer. Gene Reviews. Available at: <http://www.ncbi.nlm.nih.gov/books/NBK1247>. Accessed October 22, 2013.
3. Genetics of Breast and Ovarian Cancer. National Cancer Institute. Available at: [http://www.cancer.gov/cancertopics/pdq/genetics/breast-and-ovarian/HealthProfessional/page2#Section\\_113](http://www.cancer.gov/cancertopics/pdq/genetics/breast-and-ovarian/HealthProfessional/page2#Section_113). Accessed November 1, 2013.
4. Hereditary Breast and/or Ovarian Cancer Syndrome. NCCN Guidelines Version 4.2013 Available at: [http://www.nccn.org/professionals/physician\\_gls/pdf/genetics\\_screening.pdf](http://www.nccn.org/professionals/physician_gls/pdf/genetics_screening.pdf). Accessed October 30, 2013.
5. Hereditary Breast and Ovarian Cancer. Cancer.net. Available at: <http://www.cancer.net/cancer-types/hereditary-breast-and-ovarian-cancer>. Accessed October 31, 2013.